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Jour Getaway to Discovering Montenegro

## Welcome to a summer like no other

Dear Readers,

As the warmth of summer approaches, it's time to embark on a journey of discovery and serenity. Nestled amidst the breathtaking landscapes of Montenegro lies a secluded haven, waiting to be uncovered. Surrounded by lush greenery and embraced by the endless azure sea, Luštica Bay offers an escape like no other.

Imagine days spent lounging on expansive beaches, soaking up the sun's rays, and surrendering to the soothing sound of the waves. But that's just the beginning, as the allure of Montenegro extends far beyond its shores. Nature-focused outdoor activities and traditional Asian treatments add enjoyment for everyone seeking rejuvenation of the body and soul.

And let's not forget the rich tapestry of local culture and cuisine awaiting exploration. From quaint villages to bustling markets, each encounter offers a glimpse into the heart and soul of Montenegro. By choosing to stay with us, you are not only choosing a luxurious and comfortable experience, but you are also choosing to be part of something bigger – a global movement to protect and preserve our planet for future generations. In a world where travel and sustainability are often seen as opposing forces, at our hotel, sustainability is not just a buzzword; it's a way of life. We are proud to be leaders in our region, implementing innovative practices and initiatives that minimize our environmental footprint and contribute to the preservation of our planet.

So, dear readers, as you flip through the pages of our summer magazine, allow yourself to be immersed in this idyllic paradise. Embrace the tranquil rhythm of life by the sea, where every moment is an opportunity to connect with nature, culture, and the essence of Montenegro.

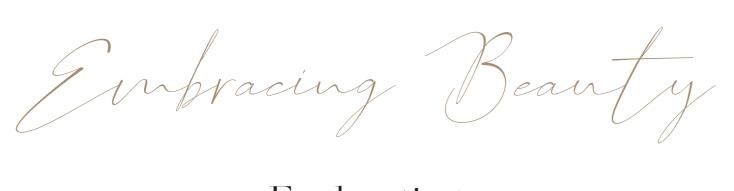
Warm regards,





Montenegro:

05 About Montenegro



## Enchanting landscapes

Montenegro, a gem nestled in the heart of the Balkans, enchants visitors with its stunning landscapes and rich cultural heritage. Majestic mountains cascade into the azure waters of the Adriatic Sea, creating a breathtaking backdrop for exploration. Charming coastal towns with their vibrant red roofs beckon travelers to wander through narrow streets steeped in history.

A UNESCO-Listed Gem: The Bay of Kotor, located in southwestern Montenegro, is a UNESCO World Heritage Site renowned for its natural beauty and historical significance. Surrounded by towering mountains and dotted with charming medieval towns, the bay is often referred to as Europe's southernmost fjord.

**Biodiversity Hotspot:** Despite its small size, Montenegro is home to an astonishing array of plant and animal species, making it a biodiversity hotspot in Europe. The country's diverse ecosystems range from Mediterranean coastlines to alpine meadows and dense forests.

Wine Heritage: Montenegro has a long-standing tradition of winemaking, dating back thousands of years. The country's favorable climate and fertile soil create ideal conditions for grape cultivation. Montenegro is particularly known for its indigenous grape varieties, such as Vranac and Krstač, which produce distinctive and flavorful wines.

Remaing Rainforest: Biogradska Gora, located in Montenegro, is home to one of the last three remaining virgin forests in Europe. This ancient forest, situated within Biogradska Gora National Park, spans an area of approximately 16 square kilometers, this untouched wilderness provides a habitat for numerous plant and animal species, some of which are rare and endemic to the region.

Deepest Canyon in Europe: Despite being one of Europe's smallest countries, Montenegro boasts an incredibly diverse landscape, encompassing rugged mountains, pristine beaches, and picturesque lakes. The Tara River Canyon, located in Durmitor National Park, is the deepest canyon in Europe and second only to the Grand Canyon worldwide.

Each site offers a unique glimpse into its rich heritage and natural splendor:

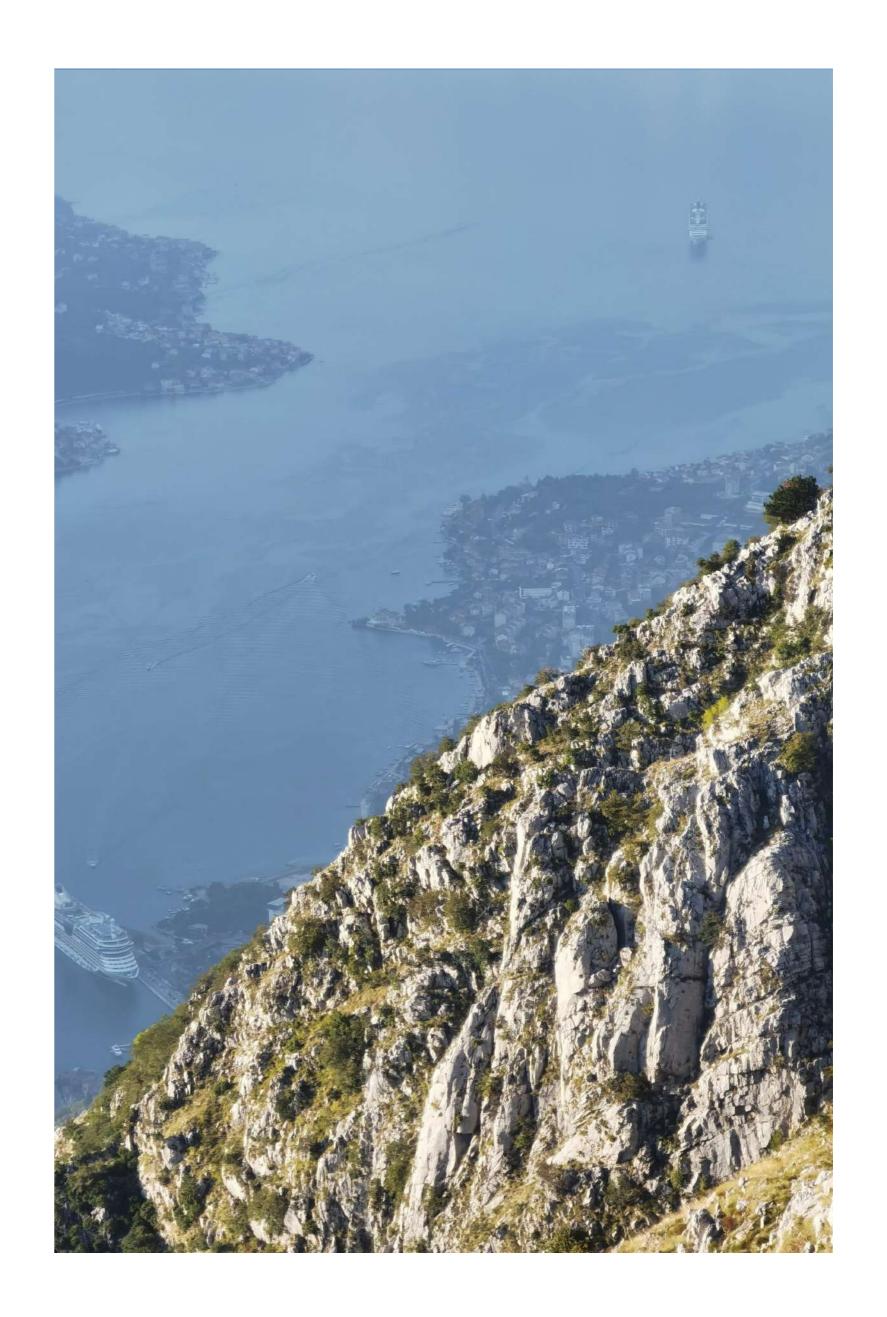
Kotor Old Town: Just a mere 15 kilometers away, discover the exceptionally preserved medieval architecture, fortified walls, intricate cobblestone streets, and centuries-old churches, palaces, and squares, all framed by the stunning Bay of Kotor.

**Tivat City Center:** A short 16-kilometer journey brings you to the heart of Tivat, where modernity gracefully intertwines with maritime tradition, creating a vibrant atmosphere waiting to be explored.

**Budva Old Town:** Within 28 kilometers lies the enchanting Budva Old Town, a living testament to the past that seamlessly blends with the present, offering a captivating glimpse into Montenegro's history.

**Perast with Islands:** Step into the captivating world of Perast, a picturesque coastal town steeped in maritime tradition, where tales of legendary captains and seafaring adventures echo through its charming streets.

National Park Lovéen: A scenic drive of 43 kilometers reveals the awe-inspiring vistas and lush landscapes of this cherished national park, where every turn of the road unveils a new wonder waiting to be discovered.



Exploration

Adventure Alwaits

### Unlock summer's magic

Step into a world of adventure and discovery this summer at The Chedi Luštica Bay. Our guests aren't just visitors; they're explorers seeking unforgettable experiences in Montenegro's hidden treasures. Picture yourself embarking on a journey guided by our local experts, who share tales of ancient legends and modern marvels as you venture through unmissable spots.

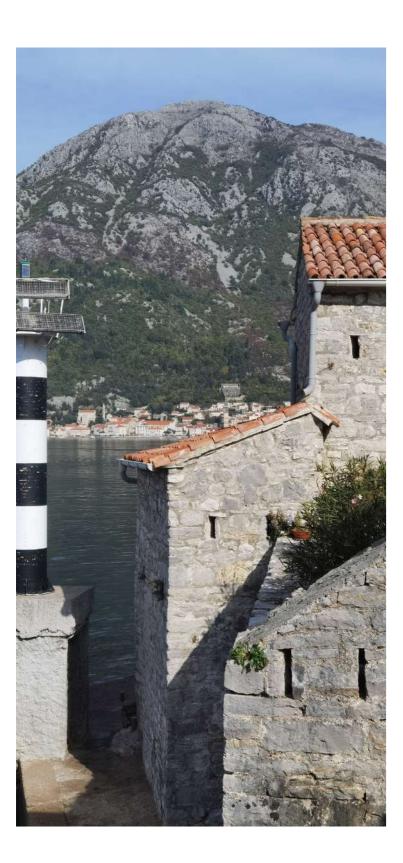
Feel the thrill as you hike to the peak of Mount Lovćen, where panoramic views reveal the secrets of the Adriatic coast. Or perhaps, wander through the narrow streets of Prčanj, where centuries-old tales echo through every cobblestone. Dive into the crystal-clear waters of Skadar Lake, where each ripple tells a story of nature's resilience. Summer whispers promises of adventure and bliss, urging you to embrace its fleeting moments of sun-soaked joy.



#### 09 Exploration

### Beyond Beauty

Coast to Crest



Prepare for an incredible adventure! Explore the hidden gems of Montenegro with us and immerse yourself in an adventure filled with wonder and excitement.

Join us on our thrilling speedboat tour and discover the captivating history of Boka Bay. As you glide across the azure waters of Boka Bay, let the rhythm of the sea guide you on a voyage of discovery unlike any other. But there's more! Cruise up the 25 serpentines of Kotor, with stunning views unfolding before you. Take a break in the charming village of Njeguši and savor some of Montenegro's finest dishes.

And don't worry about the 461 steps to Lovćen mountain's peak – the breathtaking sights at the top will make it all worthwhile. Think of it not as a tour, but as your personal odyssey through Montenegro's wonders.

#### LOVĆEN TOUR

Duration - 6h

Starting from - € 500 (for two)

Upon request and confirmation / minimum 2 days in advance / subject to availability.

#### BOKA BAY TOUR

Duration - 3h

Starting from - € 450

Upon request and confirmation / minimum 2 days in advance / subject to availability.

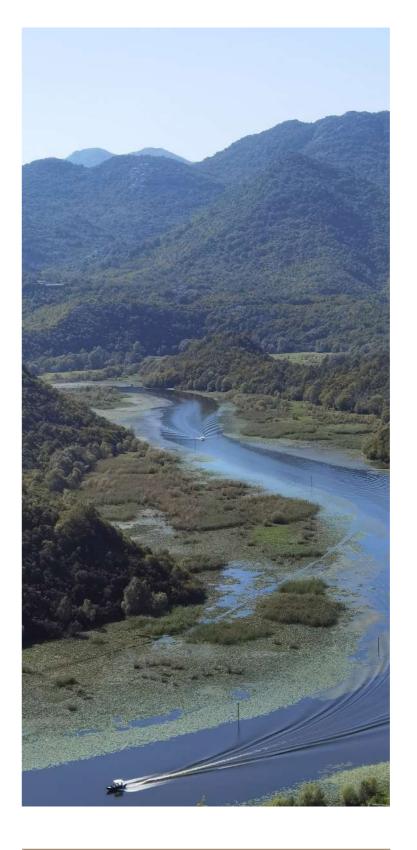
Did you know?

Boka Bay is the biggest gulf of the Adriatic Sea and it's listed as one of the 25 most beautiful bays in the world.

Under the peak of the Lovéen mountain is the village of Njeguši, known for its numerous culinary specialties (Njeguši prosciutto, sausage, dried mutton and cheese). They all have peculiar tastes and aromas thanks to the mixed mountain and sea air conditions. Njeguši prosciutto is even became trademarked as a national Montenegrin product.

## Nature's Symphony

Home to 281 Species of Birds



Embark on a captivating journey to Skadar Lake, a hidden oasis amidst Montenegro's breathtaking landscapes. En route, marvel at Pavlova Strana's panoramic vistas, a prelude to the awe-inspiring beauty awaiting.

Glide upon the serene waters in a boat or kayak, immersed in the lake's tranquil allure and captivating wildlife. Indulge in a delectable lunch at a local eatery, savoring freshly caught fish from the lake, a culinary delight crafted by skilled local fishermen.

Experience the essence of southern Europe's largest lake, where nature's splendor intertwines with cultural charm, creating memories to treasure forever. As you explore Skadar Lake, let the tranquility of its surroundings and the warmth of its people leave an indelible mark on your heart.

Exploring birdwatching amidst the reeds, visiting the charming lakeside villages, or simply basking in the serenity offers something for every soul to cherish.

Take a leisurely stroll along the shores, breathing in the fresh air and soaking in the panoramic views.

Allow yourself to be enchanted by the reflections of the surrounding mountains dancing on the crystal-clear waters. Reluctant to leave this paradise on earth, Skadar Lake beckons as a sanctuary for the mind, body, and soul, inviting you to slow down, reconnect with nature, and embrace life's simple joys.

#### SKADAR LAKE

Duration - 7-8h

Starting from - € 550 (for two)

Upon request and confirmation / minimum 2 days in advance / subject to availability.

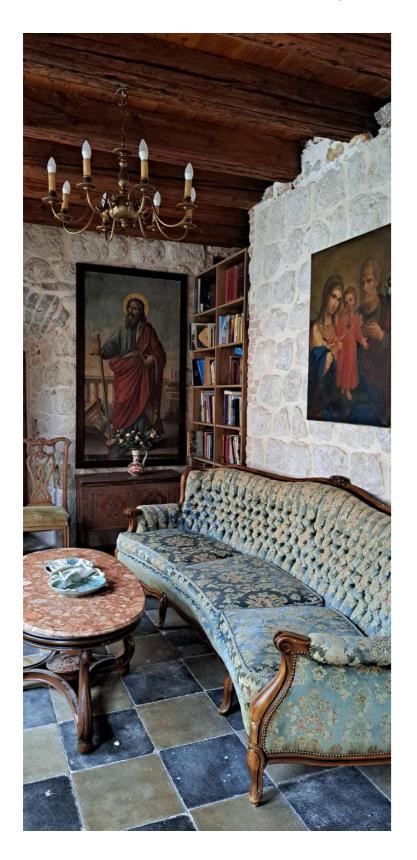
Did you know?

The lake is home to 28r species of birds, including the iconic Dalmatian pelican, which is a distinctive symbol of the National Park Skadar Lake. In adition to its rich birdlife, the lake also supports 49 species of fish and is a home to a variety of flora, from healing and fragrant herbs like thyme, rosemary, and saffron to rare and indigenous flowers like the Dalmtian green grass, wild yellow tulip, moon carrot, and laurel. The area is also home to honey-bearing plants such as the pomegranate and rosehip, which contribute to the local beekeeping culture.

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### Monastery of Saint Nicholas

Sevenity's Sanctuary



In the embrace of Boka Bay's serene waters, the Franciscan Monastery and Church of St. Nicholas offer not just a glimpse into the past, but a profound connection to Montenegro's enduring spirit.

Exploring their hallowed halls or basking in their tranquil surroundings invites visitors to embark on a journey of discovery and reflection amidst the timeless beauty of this sacred site.

Adjacent to the monastery, the Church of St. Nicholas captivates with its Baroque architecture and graceful bell tower. Within its walls, intricately carved altars and vibrant stained glass windows invite contemplation and awe. The construction of the Church of St. Nicholas, funded by the Municipality of Prčanj, began in 1735, and the entire monastery was completed in 1739. In the courtyard of the Franciscan Monastery of St. Nicholas in Prčanj, on June 13, 1848, a national assembly was held, whose participants initiated the idea of Yugoslavism for the first time in history.

The small town of Prčanj was a powerful maritime center in the 19th century and financially supported Kotor. Franciscans resided in the monastery, and there was a primary school lasting four years and a Maritime School for captains lasting 18 months.

The monastery's altar, crafted in Venice in 1766, stands as a testament to the region's artistic legacy.

Once a center of education and maritime training, the monastery now stands as a sanctuary of spirituality and cultural preservation.

### MONASTERY OF SAINT NICHOLAS

Duration - 3h

Starting from - € 450 + lunch

Upon request and confirmation / minimum 2 days in advance / subject to availability.

Did you know?

Captain Ivo Vizin, born in Prčanj, in 1852 was the first southern Slav that sailed around the world on his own

### Discover Luštica

Quad Tour & Klinci Village



Nestled on Luštica Peninsula, Klinci village exudes history, tracing its roots to the 15th century.

Renowned for local delicacies like cheese, prosciutto, and olive oil, it offers a taste of Montenegrin tradition.

Explore the ancient olive oil mill and savor these culinary delights.

Venture further on an exhilarating quad tour, uncovering forgotten fortresses, scenic viewpoints, and quaint villages.

Discover secluded beaches, perfect for tranquil moments amidst nature's grandeur. Ideal for nature lovers and photographers, this tour promises an unforgettable adventure in Luštica's untouched beauty.

#### KLINCI VILLAGE

Upon request and confirmation / minimum 2 days in advance / subject to availability.

Duration - 2h

Starting from - € 120

#### QUAD TOUR

Duration - 2-3h

Starting from - € 155

Upon request and confirmation / minimum 2 days in advance / subject to availability.

Did you know?

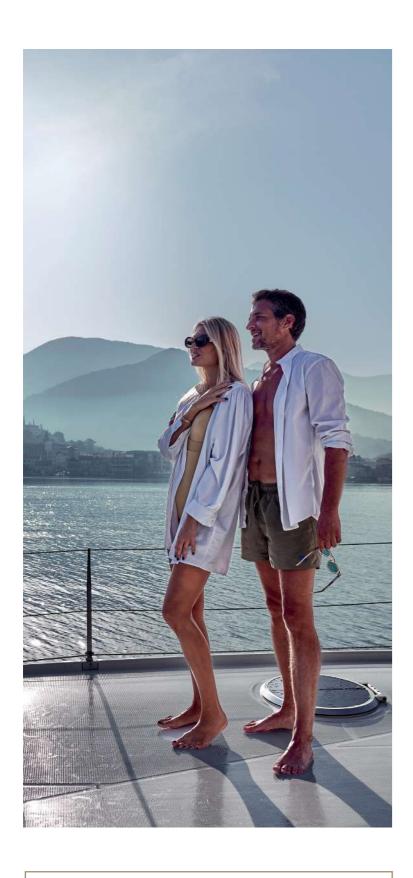
The peninsula has a significant military history with its location guarding the entrance into the Boka Bay. Three most important fortresses, Arza, Kabala and Luštica, were built during the Austro-Hungarian era and having been standing for over a century.

First elementary school in Luštica was opened in Klinci in 1878, now most of Luštica's villages are uninhabited.

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### Sailing

Coastal Charms



What if you could escape into a world where the wind guides your journey, where every gust whisper secrets of nature's untamed beauty?

Have you ever imagined yourself gliding through the enchanting waters of Boka Bay, where history paints stories upon every shore and where breathtaking landscapes unfurl with every turn of the tide?

Picture yourself embarking on a sailing tour, an extraordinary opportunity to unwind, immerse yourself in nature's splendor, and create unforgettable memories with the wind tousling your hair.

Against the backdrop of one of Boka Bay's most picturesque locales, this journey promises to enchant your senses and rejuvenate your spirit.

At every bend of this fjord, discover a tapestry woven with timeless charm, where history mingles with the whispers of the sea breeze, and where quaint medieval towns dot the coastline.

Let the rhythmic sway of the waves carry you away as you surrender to the magic of this maritime adventure amidst the azure waters and majestic mountains of Boka Bay.

#### SAILING

Duration - 8h

Starting from - € 1500

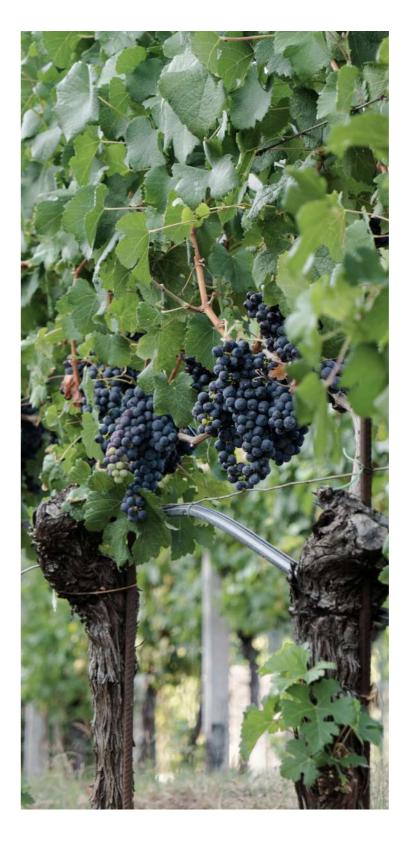
Upon request and confirmation / minimum 2 days in advance / subject to availability.

Did you know?

The coastline of Montenegro is just over 300 km long, and there are 14 islands along the coast.

## Winery Visit

Montenegro's Wine Trails



Explore the rich flavors of Montenegro's local wineries, where wine aficionados and novices alike can indulge in the diverse range of tastes that characterize the region.

Through immersive tours and tastings, discover the intricate art of winemaking as passionate winemakers share the stories behind each bottle.

From the sun-drenched vineyards along the Adriatic coast to the lush hillsides of the interior, Montenegro's varied landscape offers a bounty of varietals waiting to be savored.

Experience the perfect pairing of food and wine as expert sommeliers guide you through tastings that engage the senses. Sample the nuanced profiles of Montenegro's wines, from bold reds to crisp whites, accompanied by an array of local delicacies including artisanal cheeses, savory charcuterie, and freshly baked breads.

Delve into the heart of Montenegro's winemaking tradition with tours of historic cellars and modern facilities, where time-honored techniques meet contemporary innovation. Gain insight into the country's cultural heritage as you uncover the history and passion that infuses each vintage.

If you're looking to expand your wine knowledge or simply enjoy the moment, exploring Montenegro's wineries promises an unforgettable culinary adventure, where every sip tells a story of the land and its people.

#### WINERY VISIT

Upon request and confirmation / minimum 2 days in advance / subject to availability and price depends on the winery.

Did you know?

in Europe.

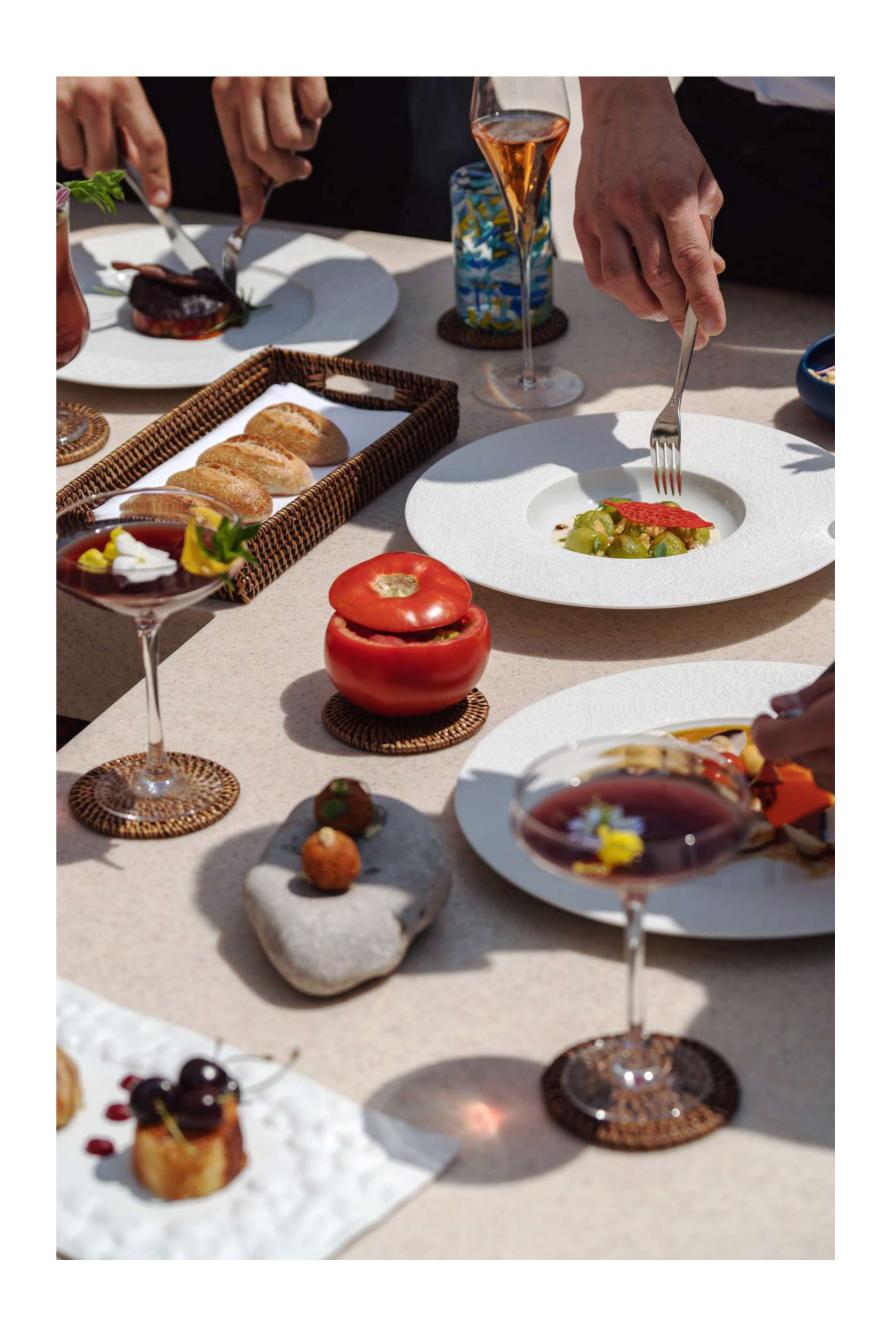
There are 33 autochthonous types of grapes in Montenegro. Covering an impressive 5,700 acres, Montenegro's Plantaže stands as the largest vineyard



### Exploring Mediterranean flavours

Embracing the region's natural wonders, our culinary philosophy is a testament to our unwavering commitment to showcasing the best of local produce. Drawing inspiration from the lush landscape of the peninsula, we craft each dish and libation to reflect the Mediterranean's vibrant flavors.

From the aromatic allure of Mediterranean herbs to the richness of olive oil, and the sweetness of donkey milk and cane apple, every ingredient narrates a tale. Prepare to embark on a sensory journey that engages your senses, and leaves you with unforgettable memories of the Mediterranean.



F&B

17 F&B

### The Lobby Bar

### Discovering the Secret Element



At The Lobby Bar, we've curated an experience inspired by the elements themselves. Step into our 4 Elements Lounge, where the tranquil pool and mesmerizing sea views embody the element of water, while a flickering fire pit adds warmth and allure to our poolside evenings. Feel the gentle Adriatic breeze as you savor handcrafted cocktails seasoned with herbs from our garden trolley, representing the earth element.

As part of our innovative concept, we proudly introduce The Gin and Garden Bar, a haven for connoisseurs of spirits. Give in to the artistry of our skilled mixologists as they craft cocktails infused with locally sourced herbs from the Luštica Peninsula. Accompany your drinks with our Crudité and Dip selection, featuring fresh vegetable appetizers paired with house-made sauces.

In addition to our concept-driven experiences, we're thrilled to announce our latest addition to The Lobby Bar: our sustainable and delectable Vegetarian and Vegan menu. Brimming with organic vegetables and fruits, each dish reflects our dedication to eco-conscious dining. Sourced from nearby organic farms, our menu promises a distinctive farm-to-table experience.

Every dish is thoughtfully crafted with a passion for nutritious cuisine and mindful living, offering opportunities for guests to indulge in plant-based options that not only align with their dietary preferences but also contribute to lowering environmental impact and food costs.

Elevate your evening as you sip and savor amidst the enchanting ambiance of our concept-driven lobby.

### PRIVATE POOL EXPERIENCE (for two)

Our offer features a floating tray adorned with fresh seasonal fruit, accompanied by a bottle of Philipponnat Royale Réserve Brut (0.75L).

8:00 pm - 11:00 pm

Price - € 350 + 10 % service charge

Upon request and confirmation / subject to availability.

### OTHER OFFERS INCLUDE:

GIN & GARDEN BAR

VEGAN MENU

DETOX & COLD PRESS JUICES

CAKE COUNTER

### The Rok Beach Bar & Lounge

Seaside Delights



As the sun sets over the horizon, casting a warm glow across the golden sands, The Rok transforms into a haven of culinary bliss. Enjoy beachside breakfasts with fresh croissants, smoothies, and coffee. Indulge in Roklette dinners. Delight your taste buds with our exquisite Roklette dinners, where the tantalizing aroma of melted Swiss cheese mingles with an array of fresh vegetables and succulent protein choices, creating a symphony of flavors. For those craving a taste of the exotic, our Asian-inspired dinners offer an enchanting journey through vibrant sushi rolls and delectable Asian-inspired drinks, transporting you to distant shores with each bite. Each moment at The Rok is a savory delight by the sea.

At The Rok, every moment is a culinary adventure, ensuring each visit is a savory delight to cherish forever.

### PRIVATE ROMANTIC DINNER

8:00 pm - 11:00 pm

Price upon request

The Rok Beach Bar & Lounge

Upon request and confirmation / subject to availability.

#### ROKLETTE DINNER

Daily

May & October (4:00 pm - 6:00 pm)
June to September (6:30 pm - 11:00 pm)

Meat/ Fish Menu: € 85 + 10 % service charge Vegetarian: € 75 + 10 % service charge

The Rok Beach Bar & Lounge

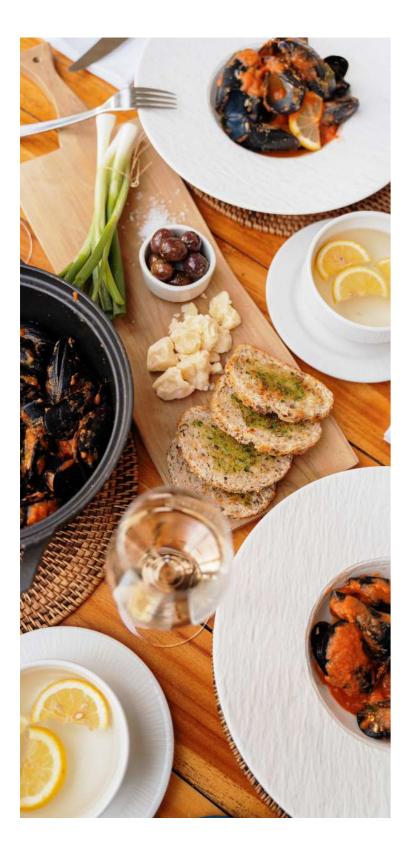
OTHER OFFERS INCLUDE:

LIGHT & HEALTHY BREAKFAST

ASIAN AND DINING EXPERIENCE

### The Spot Restaurant

Coastal Dining



At The Spot restaurant, our menus are a tribute to Mediterranean flavors. Delight in homemade pastas, exquisite mussels, and the freshest seafood, all expertly crafted by our chefs using locally sourced ingredients from the Adriatic region.

During the summer, join us for our signature al fresco dinners and now already traditional BBQ nights. renowned BBQ nights, a cherished tradition where locally sourced meats and seafood take center stage on live grills. Against the picturesque backdrop of the marina, savor the succulent flavors infused into every dish, perfectly complemented by an array of side dishes, salads, and sauces.

Accompanied by a variety of side dishes, salads, and sauces, every meal is a celebration of local tastes in a relaxed and cozy ambiance. Enhance your dining experience with our herb garden, where guests can personalize their barbecues with aromatic herbs and warmed olive oil.

At The Spot, we believe in elevating every dining experience. Wander through our herb garden, where guests are invited to add a personal touch to their barbecues with aromatic herbs and warmed olive oil, enhancing the flavors and creating unforgettable culinary memories.

Amidst the relaxed and cozy ambiance, immerse yourself in the essence of coastal living as you embark on a culinary odyssey like no other.

#### AL FRESCO DINNER

Wednesdays

May (6:30 pm - 9:30 pm)
June (7:00 pm - 10:00 pm)
July & August (7:30 pm - 10:30 pm)
September (6:30 pm - 9:30 pm)

Starting from - € 22+ 10 % service charge

The Spot Restaurant

#### **BBQ EVENING**

Thursdays

May ( 6:30 pm - 9:30 pm)
June (7:00 pm - 10:00 pm)
July & August (7:30 pm - 10:30 pm)
September (6:30 pm - 9:30 pm)

Starting from - € 42 + 10 % service charge

The Spot Restaurant

### The Spot Restaurant

Journey beyond taste



Have you ever dreamed of dining like royalty? At our Chef's Table, immerse yourself in an intimate setting and craft a bespoke tasting menu. What flavors will you choose to create your unforgettable culinary journey? Curious about the secrets behind crafting the perfect cocktail? Join us at the Barmaster Table, where expert mixologists guide you through the art of mixology.

Ready to embark on a journey to the unknown? Experience Ethereal Fusion, where avant-garde cuisine, futuristic music, and immersive lighting converge. Canyouenvision yourself being transported to new dimensions of taste and perception?

Indulge your curiosity and join us at The Spot for an unforgettable dining experience that will leave you craving more.

#### FIVE SENSES

Experience a five-course degustation dinner accompanied by live entertainment.

June 8th (8:00 pm)
July 6th (8:00 pm)
August 10th (8:00 pm)

Price - € 149 + 10 % service charge

The Spot Restaurant

#### **CHEF'S TABLE**

Enjoy a six-course degustation menu paired with a complimentary glass of champagne.

7:30 pm

Price - € 299 + 10 % service charge (for two)

The Spot Restaurant

Upon request and confirmation / subject to availability.

#### BARMASTER'S TABLE

Indulge in a four-course cocktail degustation, expertly paired with specially crafted culinary bites.

6:00 pm

Price - € 99 + 10 % service charge

The Spot Restaurant

Upon request and confirmation / subject to availability.

21 F&B

#### F&B

## Dining Experience Tour

One-of-a-kind culinary adventure

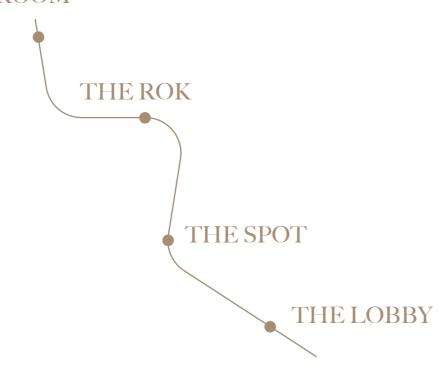


Are you ready for an unforgettable culinary journey? Begin your evening with a welcome drink delivered to your room, setting the stage for an remarkable journey.

Follow the dining map as each course leads you to a different restaurant, tantalizing your taste buds with diverse flavors and experiences. From savory amuse-bouches to luscious desserts, bite into this unforgettable experience.

With each letter received at the end of every meal acting as a clue to the next, anticipation builds as you traverse our eclectic array of dining venues. Join us for an evening of discovery and delight.

#### ROOM

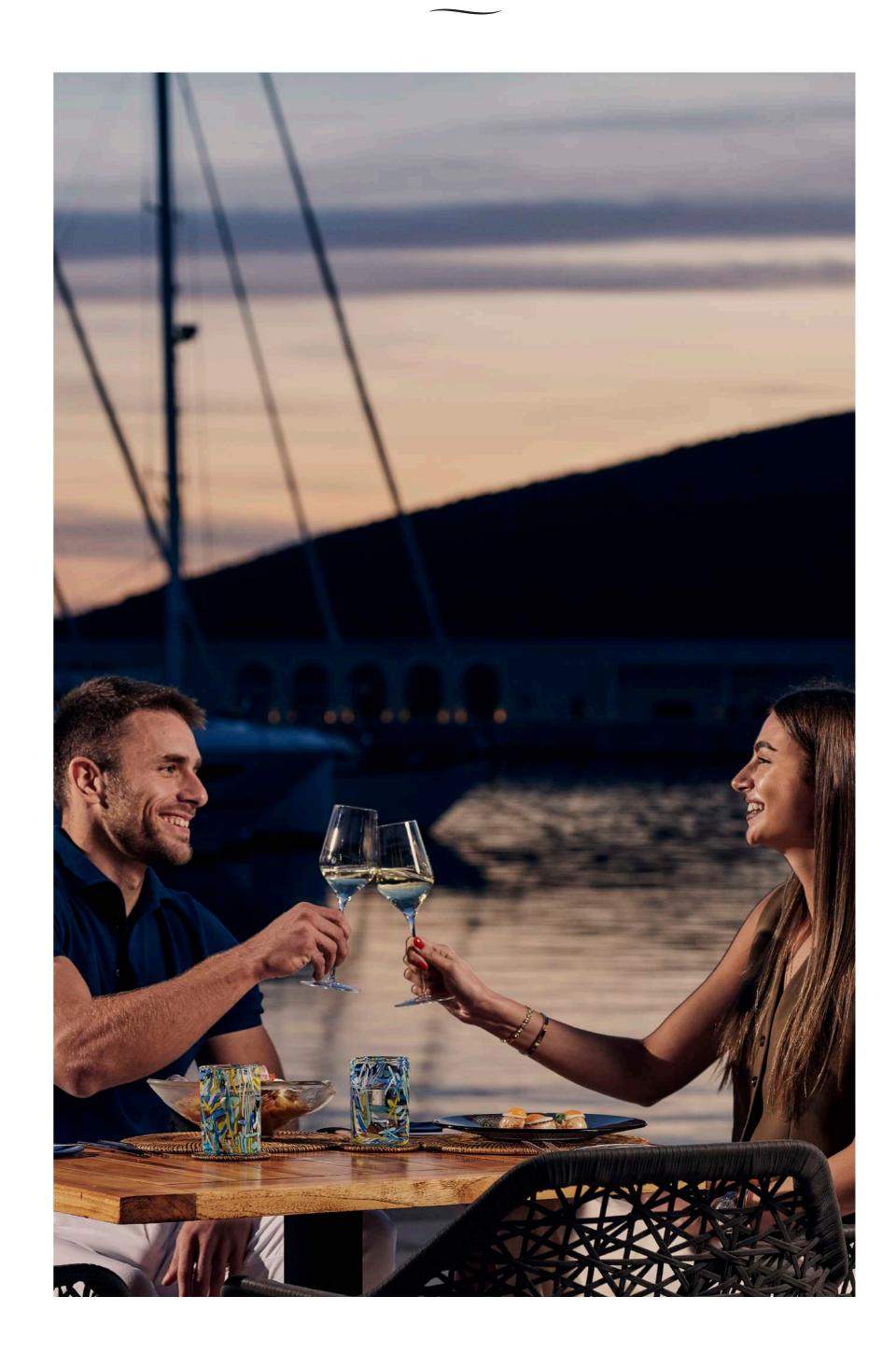


### DINNING EXPERIENCE TOUR

Experience a three-course menu at each of our restaurant outlets, where expertly paired beverages accompany every meal on your tour.

Price - € 199 per person

Upon request and confirmation / subject to availability.



### Cabanas & Beach

Haven of comfort



Crafted with meticulous attention to detail, our cabanas and beach sets are designed to elevate your beach experience to unprecedented levels of luxury and relaxation.

Immerse yourself in a haven of comfort and tranquility as you bask in the sun-kissed shores, enveloped by the soothing sound of crashing waves and the gentle caress of sea breeze.

Seek solace in the shade of our elegantly appointed cabanas and happily soak up the sun on our pristine stretches of sand, our beach sets offer unparalleled comfort, convenience, leisure and indulgence.

#### CABANAS & BEACH

Encompassing all of the amenities for two:

Prosecco 0,75l
Detox Water (Still or Sparkling)
Chilled towels
Towels
Thermal Water spray
Fruit
Board Games

Price - € 150 (for two)

#### BEACH SET CONCEPT

Encompassing all of the amenities for two:

Detox Water (Still or Sparkling)
Chilled towels
Towels
Thermal Water spray
Fruit
Board Games

Price  $- \in 90$  (for the set of two sunbeds)



**25** The Spa

The Spa

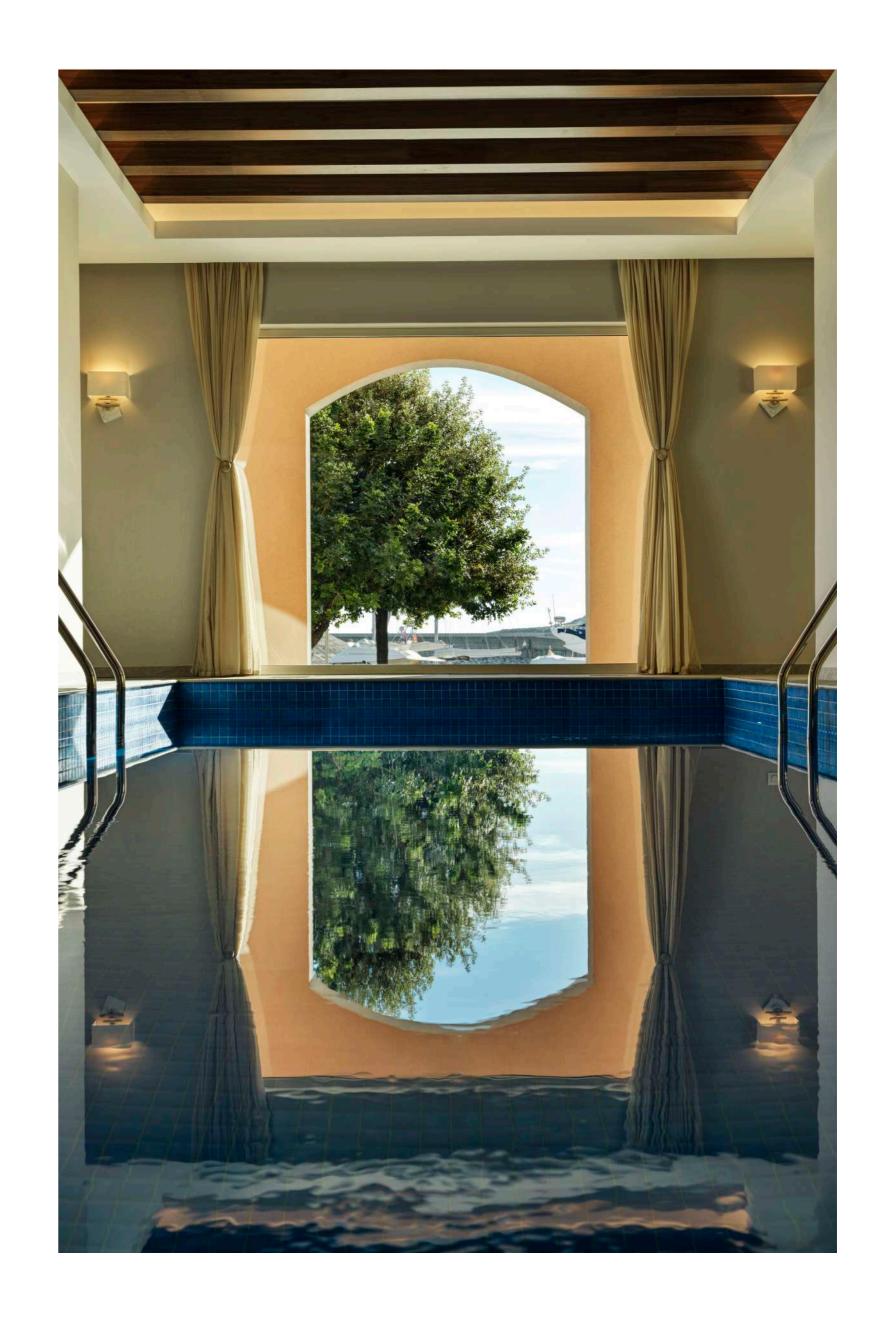


## The ancient healing art of the East

The ethos behind The Chedi Luštica Bay Spa is deeply rooted in the rich cultural tapestry of Asia, drawing inspiration from the time-honored healing practices of Bali, the spiritual traditions of India, and the profound wisdom of Tibet. Our aim is to create an experience of wellness that transcends mere relaxation and rejuvenation, offering guests a holistic experience that nourishes the body, mind, and spirit.

At the heart of our spa experience lies a meticulously curated selection of VOYA organic products, crafted from marine algae and infused with a harmonious blend of herbal and medicinal ingredients.

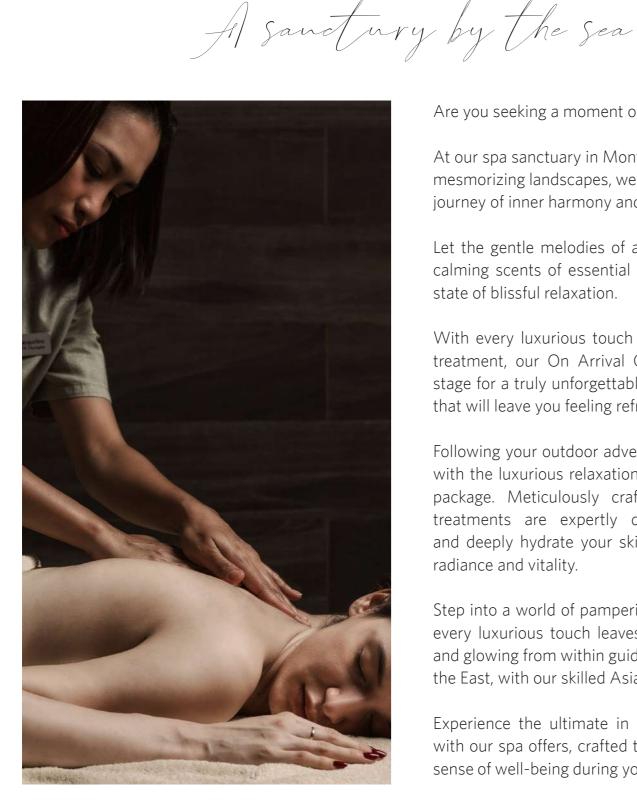
Experience a comprehensive array of professional treatments tailored to your unique needs and preferences, delivered by our team of skilled therapists trained in the ancient healing arts of the East.



The Asian Spa

## The Spa by the beach

The essence of relaxtion



Are you seeking a moment of quite and relaxation?

At our spa sanctuary in Montenegro, surrounded by mesmorizing landscapes, we invite you to discover a journey of inner harmony and well-being.

Let the gentle melodies of ambient music and the calming scents of essential oils transport you to a state of blissful relaxation.

With every luxurious touch and expertly executed treatment, our On Arrival Care package sets the stage for a truly unforgettable spa experience—one that will leave you feeling refreshed.

Following your outdoor adventures, reward yourself with the luxurious relaxation of our After Sun Care package. Meticulously crafted with care, these treatments are expertly designed to replenish and deeply hydrate your skin, restoring its natural radiance and vitality.

Step into a world of pampering and renewal, where every luxurious touch leaves you feeling refreshed and glowing from within guided by the healing art of the East, with our skilled Asian therapists.

Experience the ultimate in self-care and wellness with our spa offers, crafted to enhance your overall sense of well-being during your time in Montenegro.

#### ON ARRIVAL CARE

Duration - 60 min

Starting from - € 95

The Spa

#### AFTER SUN CARE

Duration - 45 min

Starting from - € 60

The Spa





Are you yearning for a serene seaside retreat, where relaxation flows effortlessly?

Picture this idyllic scene: after a delightful swim in the crystal-clear waters of Montenegro's beautiful shores, envision yourself enveloped in a world of pampering and renewal right on the beach.

Our exclusive spa by the beach offering is curated designed to deliver the essence of relaxation to you.

With skilled therapists poised to offer a diverse array of soothing treatments, each inspired by the healing techniques of the East, your journey to wellness begins the moment you step onto the sand.

Indulge in our selection of Asian therapies, thoughtfully curated to not only nourish your skin but also elevate your overall well-being.

Feel the stresses of daily life melt away as you experience a sense of refreshment, revitalization, and profound rejuvenation amidst the harmonious blend of nature's tranquility and luxurious spa experiences, set against the awe-inspiring beauty of the Adriatic coastline.

So, why not seize the opportunity to unwind and embrace serenity today?

#### THE SPA BY THE BEACH

Duration - 30 min

Starting from - € 39

The Chedi Beach

**29** Lifestyle

Lifestyle



### The way to healthy living at The Chedi Luštica Bay

Welcome to The Chedi Luštica Bay, where embracing a lifestyle of wellness is not just a commitment but a way of life. Situated along the stunning coastline of Montenegro, our hotel serves as a sanctuary for wellness enthusiasts seeking revitalization amidst the captivating natural surroundings. With a holistic approach to wellbeing, we offer a diverse range of invigorating activities aimed at nurturing the body, mind, and soul.

Kickstart your day with an exhilarating e-bike tour along the picturesque coastal paths, allowing you to soak in the breathtaking vistas that extend as far as the eye can see. Feel the gentle sea breeze kiss your skin as you traverse the pristine shoreline, surrounding yourself wiht the serene beauty of the Adriatic Sea. For those craving an adrenaline-fueled adventure, our kayaking excursions provide the ideal opportunity to explore secluded coves and hidden beaches, all while embracing the tranquility of the sea.



## LIFESTYE

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
7:00 am - 8:00 am	Hiking 💃	E-Bike Tour 💑	Bootcamp 📫	Running 🕏	E-Bike Tour 💑	Kayaking & Sup 🚨	Yoga
8:00 am - 9:00 am		Yoga		Yoga		MMA Training 🍂	MMA Training 🍂
9:00 am - 10:00 am	Swimming 🎎	Hypertrophy Training	Swimming 🎎	Hypertrophy Training <u>\$\frac{\f{\frac{\frac{\frac{\frac{\frac{\frac{\frac{\frac{\fir}{\frac{\frac{\frac{\frac{\frac{\frac{\frac{\frac{\frac}}}}}}{\frac}}}}{\frac{\frac{\frac{\frac{\frac{\frac{\frac{\frac{\fir}{\frac{\frac{\frac{\f{\f{\f{\frac{\frac{\frac{\frac{\frac{\frac{\frac{\frac{\frac{\fr</u>	Swimming 🎎	Hypertrophy Training <u>¥</u>	Swimming 🎎
10:00 am - 11:00 am	Yoga	Pilates	Yoga	Bootcamp	Pilates	Stretching <b></b>	Bootcamp
1:00 pm - 2:00 pm	Stretching 👃		Pilates 🥕	Functional Training 🦞	Stretching <b>‡</b>	Spinning 5	Pilates 🥕
4:00 pm - 5:00 pm	Functional Training 🔻	Stretching <b>‡</b>	Spinning 🐔	Pilates	Stretching <b>4</b>	Functional Training 🏋	
5:00 pm - 6:00 pm						Hiking 💃	E-Bike Tour 🕉 🔊
7:00 pm - 8:00 pm	Spinning 5	Functional Training 🌹	Hypertrophy Training <u>♀</u>	Spinning 🐔	Yoga	Pilates	Swimming 🎎
8:00 pm - 9:00 pm	Bootcamp	Court Sports •	Functional Training 🌹	Court Sports •	Functional Training 🏋	Court Sports 💃	MMA Training 🍂

For further details regarding our lifestyle department and available activities, please reach out to the reception and scan QR CODE for the prices. To secure your spot for any activities, we recommend booking in advance.



SCAN TO BOOK

<sup>\*</sup> To ensure your spot for archery, boot camp, e-bike tour, MMA training, sport fishing, spinning, swimming, and yoga, kindly reserve at least one day in advance.

<sup>\*\*</sup> To secure your place for running, pilates, functional training, hypertrophy training, stretching, tennis, basketball, mini football, paddle, and beach volleyball, please make your reservation at least 12 hours in advance.

<sup>\*\*\*</sup> Court sports include: tennis, basketball, mini football, paddle, and beach volleyball.

33 Sustainability

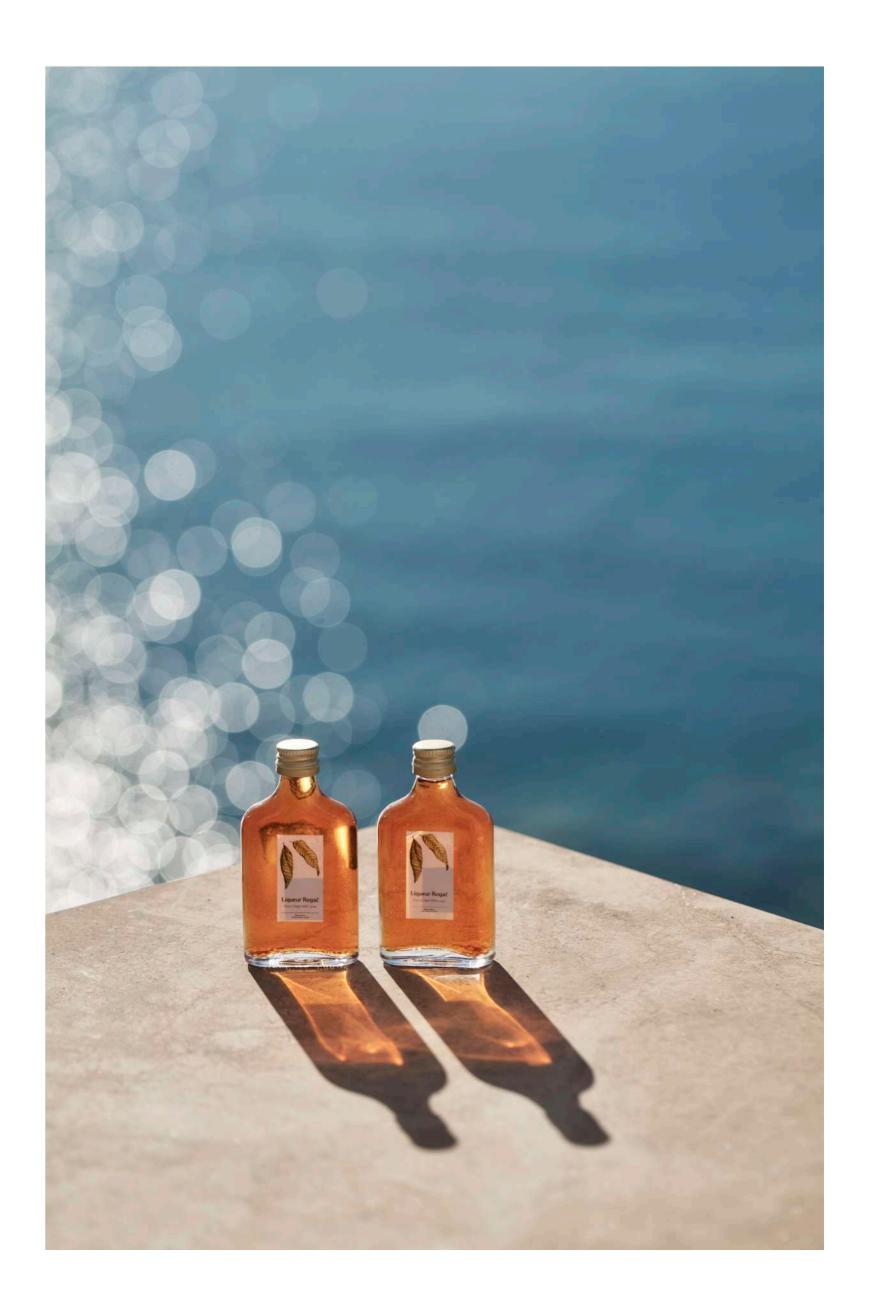
# Sustainable Hospitality

## The environmentally conscious travelller

In the forefront of Montenegro's sustainable hospitality movement stands The Chedi Luštica Bay, a beacon of merging eco-friendly practices and luxury. Based on booking.com 2023 report approximately 76% of global travellers want to travel more sustainably throughout this year. The Chedi Luštica Bay has seamlessly integrated sustainability into its operations, appealing to the environmentally conscious traveller too.

The Chedi Luštica Bay has a line of initiatives that make it easier for travellers to turn trips into thoughtfulness. From complying with the waste management system in the property, giving without ever leaving your room through the giving bag initiative, indulging in the welcome amenities produced locally and many more.

Contrary to popular belief, The Chedi Luštica Bay believes that luxury hotels have great potential for positive impact in the hotel industry due to our bespoke nature. As traveller needs change, so do we. The Chedi Luštica Bay has taken its first steps in hopes that other luxury hotels will complete the journey with them.



# Too-friendly Practices

## Sustainability in action

Our commitment to environmental stewardship drives our passion for sustainability, as reflected in our comprehensive range of green initiatives. From reducing our freshwater consumption by 21%, to reducing our waste sent to landfill by 53% through increased waste separation and partnerships. Embracing life cycle thinking, we have significantly decreased our reliance on single use plastic through implementing our own ecopure water purification system and use of reusable bottles.

To encourage positive change in mobility as well, we offer shuttle bus for our staff, and many of our team members also opt for carpooling when coming from further away. For our guests, we've offer electric vehicle charging stations, including Tesla and Porsche chargers.

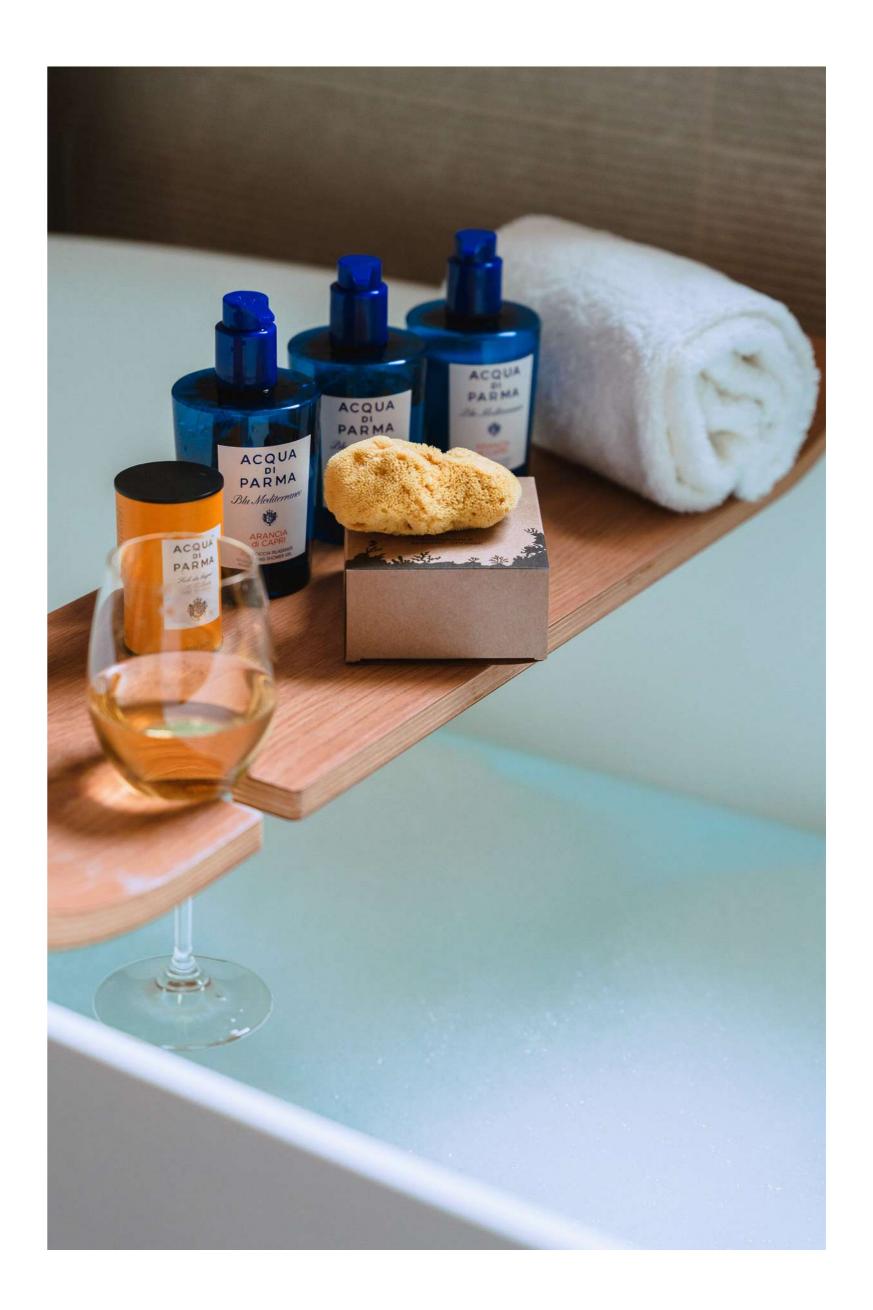
Efficiency is at the core of our building design, with well-insulated buildings and energy efficient equipment ensuring guest comfort while reducing negative environmental impact. Our heating systems are powered by CO2-neutral water heating pumps, LED lights have been installed, our rooms auto power off if not occupied and low flow faucets have been installed in showers.

Additionally, we prioritize waste management by separating waste, converting used cooking oil into biofuel and eliminating plastic wrapping from laundry collection and delivery packaging. In partnership with OceanR 304kgs of plastic bottles have been removed from the Mediterranean sea to produce uniform for our team.

With knowledge that true sustainability stretches beyond environmental initiatives and one corporation, we actively engage and co-creates with our local community through donations and partnerships. We have a preference for local companies for maintenance work and source from regional suppliers whenever possible, 75% of our suppliers are local thereby promoting economic growth in our community and region at large.

Over **100** locals find employment opportunities and are given first preference. Additionally, the hotel provides internships for hotel management students, actively contributing to skill development within the community. In the previous year the careers of 25 students were poured into by our team. Through partnerships, our hotel fosters regional economic growth by creating and sustaining jobs, recognizing the importance of supporting local communities.

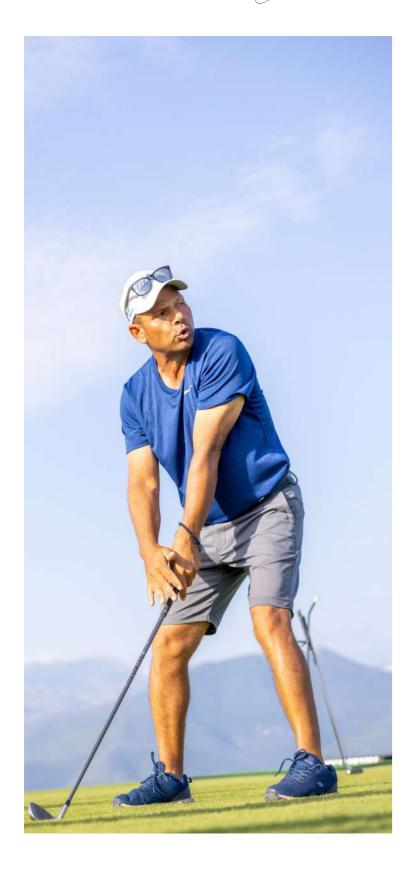
In 2023 alone, the hotel donated approximately € 100,000 worth in both monetary and resources to support local education, healthcare, and environmental causes, showcasing its commitment to community welfare.



#### 36 Luštica Bay

### Luštica Bay Driving Range

Jame. Raised.



#### Welcome to the Newly Enhanced Luštica Bay Golf Driving Range

At Luštica Bay, we've transformed your golfing experience with a remarkable upgrade to our driving range. Discover the perfect blend of leisure and practice, designed to elevate your game and offer a haven of relaxation.

#### Experience the evolution

Step into a new era of golfing pleasure as we unveil our revitalized driving range. Immerse yourself in:

- A state-of-the-art golf paths
- Distinctive golf markers
- The inviting dome structure, your oasis during practice sessions
- Expert guidance from our dedicated golf professional
- Lush, meticulously maintained grass for your enjoyment

#### Your golfing journey begins here

Explore the features of our revitalized driving range, where your golfing journey begins:

- Modern Golf Path: Experience precision practice with our upgraded golf path, perfect for both beginners and seasoned players.
- Distinctive Golf Markers: Hone your skills with clearly marked targets, allowing you to track your progress and improve your game.

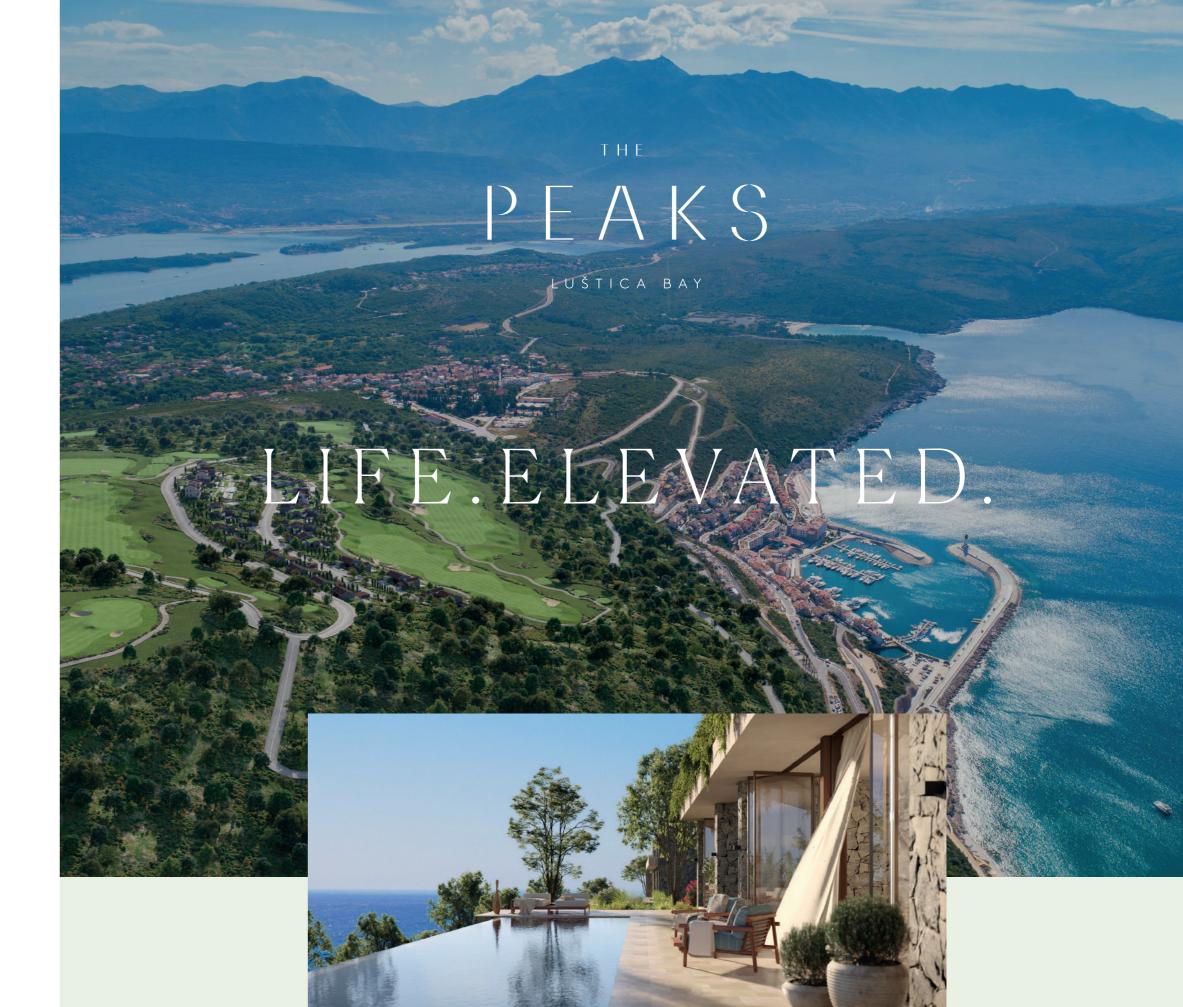
Did you know?

The Golf Driving range is a part of future Luštica Bay Golf Course.

Designed by the legendary Gary Player, the 18-hole golf course will feature views across the Adriatic and the magnificent UNESCO protected Boka Bay. The hill-top property will join an elite group of under 10% of the world's golf courses to have a sea view from every hole.

For more information on opening hours and price list please scan the QR code:





#### MONTENEGRO'S FIRST GOLF RESIDENCES

Discover luxury living at The Peaks.
Unmatched residences, world-class amenities, and a breathtaking landscape overlooking the Adriatic await at Luštica Bay.
Unlock a world of luxurious living.

Visit us today at Luštica Bay
E: sales@lusticabay.com | T: +382 67 050 550
lusticabay.com







### Our Team

Where everyone finds their place...

At our hotel, we've built a warm and welcoming environment that thrives on creativity and teamwork. Our dedicated team members put their hearts into crafting an extraordinary luxury experience that feels like a natural extension of our surroundings and the local community. Excellence, for us, isn't just about spoiling our guests; it's about turning every moment at the hotel into a work of art.

From our friendly front office to our talented chefs, everyone on our team is genuinely passionate about giving you the best service while embracing the beauty of the natural world that surrounds our little haven. We're all about sustainability, too, weaving eco-friendly practices into every aspect of our daily operations. By supporting local businesses and using energy-efficient technologies, we're not just reducing our ecological impact – we're also nurturing the well-being of our wonderful community.









The Chedi Luštica Bay - LB Hotels Management doo Tivat A Subsidiary of Orascom Development Novo Naselje b.b. 85323 Radovići | Tivat, Montenegro

#### www.chedilusticabay.com

The paper used in our magazine is crafted from recycled materials, reflecting our commitment to environmental sustainability.















