THE SPA

AT THE CHEDI LUŠTICA BAY

THE SPA MENU

This unique menu is dedicated to the restoration of strength and beauty achieved through a balance of body, mind and spirit. Following the healing traditions of the East, the Spa's choice of products, treatments and applications adheres to a holistic approach where beauty is truly more than skin-deep.

The Chedi Luštica Bay's Asian-inspired spa philosophy originates from the healing traditions of exotic Asian area, spiritual of the holistic therapists and experiences within the context of health and wellness.

The Spa features a selection of beauty and body treatments including invigorating polishes, purifying masks and therapeutic massages all designed to stimulate the senses, rejuvenate the mind and soothe both - body and soul. The range of
custom-created botanical-based spa products used incorporates ingredients.

VOYA is a multi-award-winning Spa brand boasting a certified organic status,
a family ethos, and a tangible relationship with its core ingredient seaweed.

SIGNATURE MASSAGES

The Chedi Signature Massage · 90 Min

€ 195

Thai Fusion Therapy. Our Signature massage using an organic range of essential oils to create a deeply relaxing full body de-stressing and unwinding experience. This soothes and smooths your body followed by a famous Thai yoga stretching technique and completed with the Lymphatic face massage to reduce skin tiredness.

The Voyager Signature Massage · 90 Min

€ 195

A complete top to toe relaxation journey, incorporating scalp massage, face massage, stretches and body massage that replicates the movement of the sea combining both gentle and stimulating movements. The ultimate luxury treatment tailored with VOYA time to shine scrub, VOYA oils, and softly does it body lotion.

BODY MASSAGES

Back Massage · 30 Min
€ 55

A quick massage of any type of massage as a form of Relaxation, Deep tissue, Balinese, or Sport massage to relief fatigue, reducing muscle tightness, headaches, and back pain.

Scalp Massage · 30 Min
€ 55

This head massage is designed to relax the mind and encourage circulation to promote deep relaxation.

Reflexology · 45 Min
€ 69

A zone therapy that uses all the pressure points to increase circulation and promotes specific bodily and muscular function.

BODY MASSAGES

Balinese Massage · 60 / 90 Min
€ 100 / 165

Traditional massage from Bali. Well known for its deep tissue massage and holistic treatment in a combination of gentle stretches, acupressure, and aromatherapy to stimulate the blood flow which creates a sense of wellbeing, calm and deep relaxation.

Deep Tissue Massage · 60 / 90 Min
€ 100 / 165

Sometimes our bodies need a little jump start. For stiff muscles and fatigue Deep Tissue massage helps to energize and invigorate our bodies from jet leg, using forearm massage to create deeper pressure and uplifting after treatment.

VOYA Herbal Poultice Massage · 75 Min
€ 125

A unique technique with special poultices made of Fucus serratus seaweed, orange, clove, and ginger to provide moist and nutrient-rich relaxation to the skin and muscles. This also improves your body energy flow, loosening energy blockages and stimulating blood circulation

Drift into sleep · 60 / 90 Min
€ 100 / 165

A relaxing massage with slow rhythmic movements to relax your mind and body completely and totally. Using the essential oils to balance the nerves within your system and restore total calm of the body.

Four Hand Massage · 60 Min
€ 175

This type of massage therapy involves two therapists working simultaneously creating a synchronized massage with long strokes that are designed for deep relaxation.

Hot Stone Massage · 75 Min
€ 125

This massage uses smooth flat and heated stones placed at the 7 chakra connections on the body to balance the energy level. The hot stone has a sedative effect that can relieve chronic pain, reduce stress, and promote deep relaxation.

Madero therapy Massage · 60 Min
€ 100

Anti-cellulite massage for cutting down excess weight, breakdown of the fat deposits cellulite and helps firm the skin tone by using Madero Therapy woods.

Detox Massage · 60 Min
€ 100

A detox massage is a form of deep tissue of our lymphatic system, the lymphatic system depends on strong muscle, efficient breathing, and exercise to push toxins and wastes throughout from the body and help to stimulate lymphatic system.

BODY MASSAGES

“Mother To Be” Massage · 60 Min
€ 100

Also known as pregnancy massage. This promotes relaxation, soothes nerves, relieves strained back and reduces water retention for expectant mothers.

Bamboo Massage · 60 / 90 Min
€ 100 / 165

Bamboo massage defines a deep tissue technique using different sizes and lengths of bamboo to stimulate blood circulation and is combined with forearm massage.

Thai Massage · 60 / 90 Min
€ 100 / 165

A dry massage for boosting the body energy that combines acupressure and stretching with stimulation and manipulation of energy to balance flexibility and reduce fatigue.

Shiatsu Massage · 60 / 90 Min
€ 100 / 165

A therapy based on a Japanese practice which has the same principles as acupuncture and use of manual manipulations which unblocks the tension and helps the body heal itself.

VOYA ORGANIC BODY SCRUBS

Luscious Salt Glow · 45 Min
€ 57

Luscious salt glow is infused with dead sea salt and organic seaweed oil, a combination which hydrates the skin, stimulates blood lymph flow while firming skin tone and increasing luster. It can remove dull skin refine skin texture.

Organic Lavender & Seaweed Sugar Glow · 45 Min
€ 57

A wonderful fragrant mix of lavender oil, seaweed and sugar this treatment has a double action of gently removing dead skin cells with sugar and healing with the seaweed extracts and lavender essential oil.

Organic Peppermint & Seaweed Sugar Glow · 45 Min
€ 57

This refreshing and all-over exfoliation treatment awakens the skin and body. It features a beautiful mix of organic peppermint leaf, seaweed, and sugar, all of which perform the double action of gently removing dead skin cells while introducing you to the uplifting effects of our peppermint essential oil.

Organic Hydrating Body Scrub · 45 Min
€ 57

Our dual action lathering body buff exfoliates with finally ground walnut shells and nourishes your skin with a blend of almond oil, seaweed, and ginger extracts. Our gentle yet effective formula removes rough and lifeless looking skin cells, to reveal much more refined softer, silky-smooth skin.

Organic Stimulating Seaweed Body Buff · 45 Min
€ 57

Letting us scrub your body head to toe with certified organic bladder wrack body buff (Fucus Vesiculosus) is the ultimate treat for tired and dull skin. The antioxidants from our mineral-rich bladder wrack seaweed combines with VOYA's signature seaweed massage oils to offer a powerful organic way to better skin.

ORGANIC VOYA BODY WRAPS

Organic Ocean Essence Total Body Wrap · 60 Min — € 80

Combining the detoxifying power of Fucus Serratus and cellulite-reducing abilities of this treatment stimulates the blood and lymph flow, detoxifies, and hydrates the skin and encourages the renewal of skin cells. It is an excellent skin rejuvenator, combating cellulite and fatigue and producing a moisturizing effect.

Organic Tangle Me Up Body Wrap · 60 Min — € 80

This wrap hydrates and relaxes tired and lethargic muscles and relieves stress and fatigue. It also tones and firm the skin and help against the sign of aging and cellulite. Its antioxidant compound helps to protect against cell damage from the environment and pollution. This treatment includes full body brushing to increase circulation and to aid penetration of the potent seaweed gel.

Organic Warm Spice Mud Wrap · 60 Min — € 80

The seaweed is taken fresh from the ocean and its purifying elements are encapsulated in the wrap. The extract is reach in potent antioxidant and minerals. For the results-conscious client, this wrap has immediate and noticeable effect on the boost. Infused with aromatic spices of ginger and orange to revive the senses.

ORGANIC VOYA FACIAL TREATMENTS

SELF DISCOVERY RADIANCE FACIAL:

This skin type-specific ocean inspired organic facial is deeply detoxifying, thoroughly revitalizing and helps to smooth skin tone and increase clarity. Self- Discovery incorporates a relaxing facial massage used with seaweed products to release any build-up of toxins and toxic micro particles, to repair and nourish any skin cells damaged by pollution and chemical exposure. You will be left with a revived glowing, yet non-greasy complexion that is both enriched and strengthened.

Allow VOYA to tailor your facial specifically to your skin's unique needs. In the comfort of the treatment room, we will go through a comprehensive skin analysis and choose specific facial products to target your skin concerns. Using a combination of gentle exfoliators, serums and masks, this facial helps to transform your skin leaving it feeling purified, nourished and perfectly balanced.

CHOOSE FROM:

PURIFYING FACIAL (OILY/ COMBINATION SKIN)	60 Min	€ 115
ULTRA CALMING FACIAL (SENSITIVE SKIN)	60 Min	€ 115
INTENSIVE HYDRAVEIL FACIAL (DRY SKIN)	60 Min	€ 115

Anti-aging Restorative Facial · 60 Min

€ 115

This treatment is suitable for all skin types, particularly for those in search of anti-aging results. The anti-aging restorative facial is made using VOYA's finest organic ingredients combined with antioxidant algae complexes and a restorative blend of aromatherapy oils. This mix of seaweed and botanical ingredients that helps to stimulate collagen production and reduce the appearance of fine lines and wrinkles. This facial results in instantly firmed and tightened skin with a natural and more radiant glow.

Intense Defence For Men Facial · 60 Min

€ 115

Exclusively created for men's specific skincare needs, this powerfully effective treatment exfoliates the skin with bamboo spines, enabling a deeper cleanse. The client will enjoy a soothing face and scalp massage, where VOYA's seaweed leaves and Mermaid's Purse mask are used to soothe even the most sensitive of skin. Fantastic for those affected with shaving rash, razor burn or ingrown hairs; the skin is left hydrated, fresh and mattified.

LITTLE STAR · JUNIOR TREATMENTS

FULL BODY MASSAGE	30 MIN	€ 55	Voya Angelicus serratus body oil 99% organic
LITTLE STAR ORGANIC FACIAL	30 MIN	€ 39	Voya Totally balmy for cleansing Voya little hero for massage Fresh cucumber for Mask

PACKAGES

Create your own package out of our menu. A choice of treatment with our VOYA organic products are combined to provide you the best experience in desired time.

The Spa offer per person	3 Hours / 5 Hours / 7 Hours	10% / 15% / 20%
Parents & Junior Connection under 11 years	30 Min / 60 Min	€ 107 / € 175
Slimming Package (Scrub + Wrap + Madero therapy Massage)	120 Min	€ 200
Pure Romantic Escape (For Two)	75 Min	€ 250

Special pamper of you and your loved ones with our 60-min couples full body massage followed by 15 min express Facial and celebrate your time together with a glass of sparkling wine at the end including a fruit platter.

Note: Our packages cannot be combine with any other discounts.

DISCLAIMERS

Note: Our packages cannot be combined with any other discounts.

Arriving at the spa
Please arrive at The Spa 15 minutes prior to your scheduled treatment and enjoy the calm and serenity of The Spa atmosphere. Arriving late makes it necessary to curtail the time for your treatment.

Mobile phones
Kindly keep your mobile phone on silent mode at all times.

Valuables
We provide a secure place for your personal items inside The Spa complex. However, we do not accept liability for loss or damage. We recommend valuable items are stored inside the safe located in your hotel room/suite.

Sauna area
Round off your visit to The Spa in the Sauna, Steam bath as well as pools for your relaxation and well-being. The unisex facilities require that guests wear bathing suits while on the premises. Large towels and detox water are provided for your convenience. Please note that food is not served in this area.

Health matters
Please communicate health conditions such as high blood pressure and allergies as well as pregnancy or any health-related concerns you may have when making your appointment. We do not recommend the consumption of alcohol before or directly after spa treatments or before using any facilities in the Spa and Health Club.

Children
The minimum age for entry to The Spa, The Health Club is 16 years of age. Children under the age of 16 may use the hotel pool if they are accompanied by a parent/guardian.

Safety
The maximum depth of the pool is 1.40 Meters. There is no lifeguard at the pool, Children may only use the pool if accompanied by an adult or parent/guardian.

Spa attire
You can wear the bath robe and slippers from your hotel room, or we can provide you with these in The Spa. We will provide you with spa attire, including a choice of spa underwear for treatments. Alternatively, you may prefer to wear your own. Our therapists will always use draping techniques to respect your privacy.

Cancellation policy
The treatments you select are reserved especially for you. Appointments in The Spa are very popular, and we do try to fill any appointment you may have to cancel at short notice. If however we cannot fill the appointment or the treatment is cancelled less than nine hours prior to the scheduled appointment we are obligated to charge a 50 % cancellation fee. No-show or cancellation with less than six hours' notice will be charged at 100 %.

Smoking / Pets
Kindly note that smoking and pets in The Spa, The Health Club or sauna area is strictly forbidden.

THE CHEDI

HOTEL & RESIDENCES

LUŠTICA BAY, MONTENEGRO

A MEMBER OF

THE LEADING HOTELS

OF THE WORLD®